

Take Care of Your Mind & Body — Together

Behavioral Health Integration (BHI) Program

Now Available for Medicare Patients



What is the BHI Program?

Behavioral Health Integration (BHI) connects emotional wellness support with your regular doctor's care. It's designed especially for older adults to help with:

- Depression, anxiety, or stress
- Memory or sleep issues
- Loneliness or grief

support in managing the emotional and behavioral aspects of living with chronic conditions such as diabetes and hypertension

How it works:

- Regular check-ins with a behavioral health care manager
- Personalized support, coordinated with your primary care provider
- No need to visit a separate clinic
- Covered by Medicare — little to no cost for most patients



Join Today!

You don't need a formal diagnosis to join.
This is about helping you feel your best — mentally and physically.
And everything is kept private and respectful.



.Christiana Felix,

Call our office today to speak
to our staff about the BHI
Program!



www.dramacher.com



707-451-4111



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